



# ACTIVITIES

## MONDAY

AGE UK SEATED EXERCISE

**10-11AM**

**BILL BUCKINGHAM BALLROOM**

AGE UK FLOOR-BASED EXERCISE

**11.15AM-12.15PM**

**BILL BUCKINGHAM BALLROOM**

WOMEN ONLY GYM SESSION

**10AM-11AM**

**GYM**

FITSTEPS®

**11AM-12PM**

**AARON BURON YOUTH SUITE**

COFFEE AND ART

**1-3.30PM (TERM TIME ONLY)**

**NORMAN BROWN 2**

JUNIOR GYM SESSION (12-15 YEARS)

**3.30-5PM**

**GYM**

KC'S SCHOOL OF DANCE DISCO FREESTYLE

**U7S CLASS (FROM 3 YEARS)**

**3.45PM**

**STARTER CLASS (FROM 7 YEARS)**

**4.15PM**

**BILL BUCKINGHAM BALLROOM**

YOUTH AMBITION YOUTHCLUB (AGES 11+)

**4.30-6.30PM (TERM TIME ONLY)**

**AARON BURON YOUTH SUITE**

POUND FIT (BOOKING REQUIRED)

**6.30-7.30PM**

**BILL BUCKINGHAM BALLROOM**

ROSE HILL RUNNERS 5K RUN (ALL ABILITIES WELCOME)  
**FROM 7PM**  
**DOWNSTAIRS FOYER TO MEET UP**

BELLY DANCE (WWW.THEDANCEHUB.CO.UK)  
**7.30-8.30PM**  
**AARON BURON YOUTH SUITE**

KRAV MAGA SELF DEFENCE CLASS (18YEARS PLUS)  
**7.30-9PM**  
**BILL BUCKINGHAM BALLROOM**

## **TUESDAY**

ENGLISH CLASSES (ESOL) FOR WOMEN AND CHILDREN  
**10AM-12PM**  
**NORMAN BROWN 1**

SILVER THREADS BINGO  
**1.30-4PM**  
**NORMAN BROWN 1**

KARATE CLASS (CHILDRENS BEGINNERS)  
**4-4.30PM (4-6 YEARS)                      4.30-5:30PM (7-12 YEARS)**  
**AARON BURON YOUTH SUITE**

UNDER 9 FOOTBALL TRAINING  
**6-7PM (TERM TIME ONLY)**  
**MEET ON THE FIELD BEHIND THE COMMUNITY CENTRE**

BALLROOM & LATIN DANCE CLASS (LAUGH AND LEARN)  
**7-9PM**  
***(COME EARLIER FOR BEGINNERS; LATER FOR INTERMEDIATE)***

## **WEDNESDAY**

ZUMBA GOLD (AGE UK WITH GEORGE MARTINI)  
**10AM-11AM**  
**BILL BUCKINGHAM BALLROOM**

ZUMBA  
**11AM-12PM**  
**AARON BURON YOUTH SUITE**

JUNIOR GYM SESSION (12-15 YEARS)  
**3:30-5PM**  
**GYM**

JUNIOR YOUTH CLUB (6-8 YEARS)  
**3.30-5.30PM (TERM TIME ONLY)**  
**BILL BUCKINGHAM BALLROOM**

ROSEHILLIAN BOYS (11 TO 16 YRS)  
**6-7.30PM (TERM TIME ONLY)**  
**AARON BURON YOUTH SUITE**

YOGA  
**8-9PM**  
**NORMAN BROWN 2**

BUJINKAN SHADOW WARRIOR OXFORD (16+)  
**8-9PM**  
**AARON BURON YOUTH SUITE**

## THURSDAY

EXERCISE TO MUSIC (50+)  
**10.15-11.15AM**  
**NORMAN BROWN 2**

ENGLISH CLASSES (ESOL) FOR ADULTS  
**9.30-11.30AM AND 12.30-14.30PM**  
**YOUTH CHILL OUT**

YOUTH CLUB (9-11 YEARS)  
**3.30-5.30PM (TERM TIME ONLY)**  
**AARON BURON YOUTH SUITE**

ROSEHILLIAN YOUNG WOMENS GROUP (11 – 16YRS)  
**6-7.30 PM (TERM TIME ONLY)**  
**AARON BURON YOUTH SUITE**

UNDER 11 FOOTBALL TRAINING  
**6-7PM (TERM TIME ONLY)**  
**MEET ON THE FIELD BEHIND THE COMMUNITY CENTRE**

TAE KWONDO  
**6.15-7.15PM**  
**NORMAN BROWN 1 & 2**

DRAMA AND SINGING CLASSES FOR ADULTS  
**7-9PM**  
**NORMAN BROWN 2**

KRAV MAGA SELF DEFENCE CLASS (18YEARS PLUS)  
**8-9.30PM**  
**NORMAN BROWN**

## FRIDAY

★ PILATES                      £5 PER SESSION/ £3.50 FOR GYM MEMBERS  
**9.30-10.30AM**  
**AARON BURON YOUTH SUITE**

ADULT COMPUTER SKILLS  
**10AM-12PM**  
**YOUTH CHILL OUT**

TAI CHI FOR WELL-BEING    £5 PER SESSION  
**10.35-11.35AM**  
**AARON BURON YOUTH SUITE**

AEROBICS BUMS & TUMS (BY ADJECTIVE)  
**11AM-12PM**  
**AARON BURON YOUTH SUITE**

TAE KWONDO (JUNIOR GRADES)  
**6-7PM**  
**NORMAN BROWN 1 & 2**

FLAMENCO DANCE CLASS (CAMINO DEL FLAMENCO)  
**BEGINNERS/TECHNIQUE**                      **INTERMEDIATE**  
**6-7.30PM**    **7.30-9PM**  
**AARON BURON YOUTH SUITE**

## WOMEN ONLY GYM SESSION

**8-10PM**

**GYM**

## SATURDAY

ZUMBA (GET FIT)

**9.30-10.30AM**

**AARON BURON YOUTH SUITE**

FAMILY GYM SESSION \*1 ADULT (24+) AND MAXIMUM OF 2 JUNIOR GYM USERS

**12-4PM** (gym members only)

**GYM**

TAE KWONDO

**3.30-4.30PM**

**NORMAN BROWN 1 AND 2**

SILVER THREADS BINGO

**7-9PM**

**BILL BUCKINGHAM BALLROOM/NORMAN BROWN 1**

## SUNDAY

FAMILY GYM SESSION \*1 ADULT (24+) AND MAXIMUM OF 2 JUNIOR GYM USERS

**12-4PM** (gym members only)

**GYM**

ZUMBA (GET TONED)

**4-5PM**

**NORMAN BROWN 1 (RESTARTING 2019)**

## GYM MEMBERSHIP PRICES

TYPE	ADULT	60+/CONCESSION	FAMILY
Gym and classes monthly*	£24	£15	£61
Gym only monthly*	£15	£10	£41
Corporate gym and classes monthly*	£21.60	N/A	£56
Gym and classes Annual	£264	£165	£671
Gym only annual	£165	£110	£451
Corporate gym and classes annual	£237.60	N/A	£623

\*£1 ADDITIONAL ADMIN FEE IF PAYING BY CASH

## GYM ACTIVITY PRICES

TYPE		COST
Single gym admission	ADULT	£3.60
Single gym admission	60 + / JUNIOR	£2.60
Gym induction & programmes	ALL	£6.80

## ROOM HIRE PRICES

ROOM	CAPACITY	STANDARD RATE PER HOUR	COMMUNITY RATE PER HOUR
Bill Buckingham Ballroom	200 standing	£40.00	£27.00
Norman Brown 1	70 standing	£21.00	£16.00
Norman Brown 2	60 standing	£16.00	£10.80
Norman Brown 1 & 2	130 standing	£37.00	£26.80
Norman Brown Tea Point	N/A	£5.00	Included in room hire charge
Youth Room	80 standing	£22.40	£17.40
Youth Chill Out IT Suite	20 standing	£15.00	£10.20
Youth Rooms Tea Point	N/A	£5.00	Included in room hire charge

\*Community rate is only available on request subject to meeting the essential criteria please speak to a member of our team for details.

The Youth Room is the only room in the building that features air conditioning.

Catering can be arranged if required by contacting Rose Hill Catering via : [fran.gardner@greensquaregroup.com](mailto:fran.gardner@greensquaregroup.com) or by calling 07770324277.

(Rose Hill Catering is a separate enterprise based within the centre and is not owned or managed by Oxford City Council).

**IF YOU ARE INTERESTED IN HIRING ONE OF OUR SPACES,  
PLEASE ENQUIRE AT RECEPTION**

## OPENING TIMES ROSE HILL COMMUNITY CENTRE AND GYM

**MONDAY** 7AM-10PM

**TUESDAY** 7AM-10PM

**WEDNESDAY** 7AM-10PM

**THURSDAY** 7AM-10PM

**FRIDAY** 7AM-10PM

(EVENT BOOKINGS AVAILABLE UNTIL MIDNIGHT)

**SATURDAY** 9AM-6PM

(EVENT BOOKINGS AVAILABLE UNTIL MIDNIGHT)

**SUNDAY** 9AM-6PM

CLOSED ON BANK HOLIDAYS

## ROSE HILL COMMUNITY CENTRE

CAROLE'S WAY

ROSE HILL

OXFORD

[WWW.FACEBOOK.COM/ROSEHCC](http://WWW.FACEBOOK.COM/ROSEHCC)

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